



# Individualized care to support your journey

In celebration of Pride Month in June, **Progyny – your provider for fertility and family building, pregnancy and postpartum, and menopause and midlife care benefits** – is proud to offer personalized support and care to meet everyone’s unique needs, including the LGBTQ+ community.

Experiences like becoming a parent and moving through menopause come with individualized and specific challenges that require accessible, sensitive, and affirming care. That’s where Progyny can help.

[Claim Your Benefit](#)

You’re receiving this email because you may be eligible for the Progyny benefit through your employer. If these services do not apply to you at this time, please disregard, or share with your [spouse/partner] or colleague as applicable.

## Personalized support for all paths to parenthood



**You don’t need to navigate this journey alone; you can lean on us.**

At Progyny we recognize that navigating life’s milestones is personal, and not everyone has the same experience. No matter what your journey looks like, we’re here to support you.

**Your family building benefit includes:**



### Concierge Support

Match with a Progyny Care Advocate (PCA) for preconception coaching, care navigation, and emotional guidance to support all paths to parenthood.



### Top Fertility Specialists

Access a network of top fertility providers across the U.S. Search by expertise, including LGBTQ+ family building.



### Fertility Treatment & Medication Coverage

Manage your out-of-pocket costs by tapping into coverage for paths such as IUI, IVF, fertility preservation, donor tissue purchase, and more.



### Adoption & Surrogacy Support

Receive financial assistance to help cover eligible adoption and surrogacy costs, and receive education on what to expect, average costs, and legal resources.

[Claim My Benefit](#)

## Additional Programs Available

Your benefit also includes support for Pregnancy and Postpartum and Menopause and Midlife Care.



### Pregnancy and Postpartum

Speak to labor and delivery nurses, receive referrals to doulas and baby feeding experts, plus access a library of education and checklists for each milestone.

### Menopause and Midlife Care

Access to virtual care and personalized treatment plans from a network of menopause specialists to address symptoms due to hormonal changes.



With Progyny, you have support every step of the way. From the little questions to the big decisions, we are here to support you with individualized care.

[Claim Your Benefit](#)

Progyny is available to [Company] employees and [spouses/domestic partners] on an eligible medical plan. There is no cost to sign up and access Progyny’s coaching and digital resources. If you proceed with provider visits and treatment, covered services are subject to financial responsibility according to your plan.

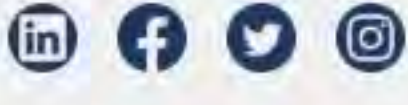
**Give us a call**

**888.888.8888**

Our PCAs are available to answer all of your questions, as often as you need them.

Monday – Friday

9:00 am – 9:00 pm ET



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