



## Meet Progyny

# Benefits designed with you & your family in mind

We are proud to partner with Progyny to provide comprehensive care to our employees across life's milestones. With a range of benefits covering family building, pregnancy, postpartum, and menopause support, we're committed to empowering our team every step of the way.

Your Progyny benefits include **concierge support** from a dedicated care team, **access to care** from Progyny's expert provider networks, and **exclusive resources**.



### Fertility & Family Building

- Unlimited concierge support from a Patient Care Advocate (PCA)
- Inclusive treatment coverage for all paths to parenthood
- Access to top fertility specialists for the care you need
- Personalized support, education, and digital tools to support family planning



### Pregnancy & Postpartum

- Ongoing support from a personal Pregnancy and Postpartum Coach (PPC)
- Virtual access to baby feeding specialists to develop personalized feeding plans
- Exclusive digital tools to help you track your pregnancy and postpartum milestones
- Curated content and education for each stage of pregnancy and postpartum



### Menopause & Midlife Care

- Unlimited concierge support from a Menopause Patient Care Advocate (PCA)
- Virtual access to perimenopause and menopause experts
- Hormonal and non-hormonal treatment options to address your specific symptoms
- Care to support nutrition and weight management, sleep, mental health care, and more

**To learn more visit [progyny.com/benefits](https://progyny.com/benefits)**

Please note, the person(s) receiving services must be enrolled in an eligible medical plan through your employer to have access to the Progyny benefit. You may be subject to financial responsibility according to your plan.