

## Progyny Launches Special “This is Infertility” Podcast Episodes in Honor of National Infertility Awareness Week

NEW YORK, April 22, 2019– Progyny, the leading fertility benefits management company, announced today the launch of a special, “This is Infertility” podcast series. The four episodes are aimed to raise awareness during National Infertility Awareness Week® (NIAW), which is from April 21<sup>st</sup> to April 27<sup>th</sup>, highlighting this year’s theme #InfertilityUncovered.

Progyny is an official sponsor for NIAW and Night of Hope, which is hosted and organized by RESOLVE: The National Infertility Association.

### **Episode #35: Infertility Uncovered in Front of Cameras: Jamie Stelter**

The first episode is with Jamie Stelter, the morning transit and traffic reporter for NY1 and a co-host with Pat Kiernan on Morning’s on 1. She’s been smiling on TV for so long that many who watch her feel like they know her, but of course, we don’t really know what’s going on in people’s lives, not until they tell us. In this episode Jamie shares her infertility journey, what she’s learned, and uncovers why she has decided to become a vocal infertility advocate spreading her message on social media and on-air. The host is Julie Hunt, Manager of Business Development at Progyny.

### **Episode #36: Infertility Uncovered When Limited Benefits Fall Short: Wajmah Yaqubi**

If a fertility benefit is offered, but there are no providers who accept it, is it really a benefit at all? In this episode we hear from Wajmah Yaqubi who found herself asking that very question when she researched her employer’s fertility benefit. Wajmah is still trying to conceive, and she’s doing it with very little coverage for her fertility treatments that she needs. The host is Brandi Guthrie, Provider Account Manager at Progyny.

### **Episode #37: Infertility Uncovered in the Workplace: Katherine Goldstein**

Why, in 2019, are American workplaces still so bad at dealing with issues around infertility? That is the question that Katherine Goldstein, reporter and host of the podcast The Double Shift, asks in her article for Slate titled, “[IVF & The Office](#).” Katherine has been researching and writing about issues relating to women and the workplace for years now, and when she turned her attention to infertility and the workplace, she found herself with more questions than answers. In this episode Katherine uncovers what she’s learned while researching her article, the advice she has for women, and what workplaces can do to address these shortcomings. The host is Cassandra Pratt, VP of People at Progyny.

### **Episode #38: Infertility Uncovered with a Devoted Care Team: Progyny’s Patient Care Advocates**

In this last episode, we follow the experience of a patient who is covered by the Progyny Fertility Benefit, while taking a deep dive into an invaluable resource she found along the way, the Progyny Patient Care Advocate Team. Infertility is a disease that demands support, and today we will examine what real supportive care grounded by experience and devotion really looks like. The host is Melissa Johnson, Director, National Accounts at Progyny.

This also marks the one-year anniversary of the launch for, "This is Infertility." In the last year, the average download per episode has increased by over 300 percent. The podcast has more than 25,000 downloads since launch and after the release of this series, there will be 76 featured guests and 40 episodes in total.

To subscribe and listen to the podcast, visit [www.progyny.com/podcast](http://www.progyny.com/podcast).

**About Progyny:**

Progyny is the leading fertility benefits management company that combines clinical and emotional guidance and support, science, technology and data to provide comprehensive, inclusive and effective value-based fertility solutions for self-insured employers.

Progyny's benefit plans are designed to improve outcomes, shorten time to pregnancy and reduce total fertility-related costs. Progyny is privately held and is headquartered in New York, NY. Please visit [www.progyny.com](http://www.progyny.com).

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